

## Gastroscopy Patient Information & Instructions

**You are booked in for a Gastroscopy**

**Your Procedure Date is: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: 0730hrs – 1130hrs/ 1200hrs- 1630hrs**

**Location:**

**Mornington Endoscopy, Suite 1, 350 Main Street, Mornington, 5973 4444**

**Rosebud Endoscopy, 20 Boneo Road, Rosebud, 5986 4444**

**The Bays Hospital, 262 Main Street, Mornington, 5975 2009**

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**Key Information:**

- Your procedure will take between 15-20 minutes, but you will be at our centre for approximately 2 hours.
- Your arrival time will be confirmed via phone one business day prior to your procedure
- Please ensure you have someone who is able to drive you home and that you have someone to stay with you for 24 hours post procedure. Please note your procedure will be cancelled if you do not have an escort to drive you home or somebody to stay with you.
- Please ask your driver to enter the facility and wait with you until you are admitted by one of our team.
- You must follow the Gastroscopy instructions below to avoid having to return for a repeat procedure
- We ask that you do not bring valuables with you as we cannot be responsible for their safe keeping. You will be required to make payment prior to your procedure, so please only bring the correct amount of cash or your card. **(Please Note there is a 1.2% surcharge if paying by card).**
- On the day of your admission you will see the doctor prior to the procedure and at discharge where you will receive a written report that will also be sent to your referring doctor.
- **Please take the time to watch the video on our website about colonoscopies, this will provide you with a greater understanding of what will occur on the day.**  
<https://www.gastromedicine.com.au/gastroscopy/>

## **FASTING INSTRUCTIONS**

**Have NOTHING to eat or drink – NO clear fluids or food (including chewing gum and barley sugar) for a minimum of SIX HOURS before your procedure time.**

**You can take small sips of water up until 2 hours prior to your procedure**

**Information:**

- Unless instructed by your GP or Gastroenterologist Please take all of your normal medications with a small glass of water **(up until 2 hours prior to your procedure).**
- Headaches can be a common side effect of fasting; please note you can take paracetamol with a small glass of water up to 2 hours prior to your procedure.

**Please note that if you are currently taking Ozempic, Wegovy, Mounjaro, or Saxenda, a longer fasting period may be required for your upcoming procedure.**

**Kindly inform our office if this applies to you so we can provide specific instructions.**